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[GeoStL] Re: NGR: Karate

- *From:* "Lazylightning" <lazylightning7@xxxxxxxxxxxx>
- *To:* <geocaching@xxxxxxxxxxxx>
- *Date:* Thu, 11 Dec 2003 16:22:52 -0600

-

Wow, this is great to hear.

We had a guy that goes to our church, (Vietnam vet) many degree black belt start a class with our youth. He is an amazing guy with an incredible testimony. He was **POW** for over a year and God shook his jail cell (literally like Peter's) and he escaped. The US troops found him wandering around in a daze and saved him from most certain death.

I was volunteered by him to help teach but knew nothing about karate. (I work with youth in our Church's AWANA ministry.) The class was half karate and half strength building with exercises and a weight machine. Unfortunately, the guy has cancer and has taken a turn for the worse. He had to stop teaching. We had about 20 kids (and me) get through orange and were working on green. Many were not from church-going families.

Everything is now on hold unlikely to start again :o(. He was great because we didn't do the oriental philosophy thing, we were Christian based, prayed before and after class, talked about Jesus' teachings, he was an instructor not sensei(?), we had the class at church not a dojo(?).

My kids and I sure do miss it. My 12 year old daughter really got a lot of self confidence from the class. She can knock me into a wall with her jump kick and I'm no little guy. My son really benefited from it in the area of self control (he's really high energy). If I might impose with a request, please pray for Larry **Reberry** for healing and pray that the class would get going again under him. If not, could God send someone else.

----- Original Message -----

From: "Eric & Dayna East" <believer@xxxxxxxxxxxxxxxx>

To: <geocaching@xxxxxxxxxxxxxxxx>

Sent: Thursday, December 11, 2003 3:02 PM

Subject: [GeoStL] NGR: Karate

> -

> I have been involved in martial arts for many years & actually teach
> faith based classes to the youth in our church. Does anyone else train
> in the martial arts? If so, what is your rank & style?
> I am a 2nd degree black belt in Isshin-ryu karate.

>

> God bless!

>

> Eric

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- **References:**

- [\[GeoStL\] NGR: Karate](#)
 - *From:* Eric & Dayna East

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